



Cobdogla Primary School

Providing a Caring & Challenging Environment

Principal – David Ness
2-12 Dolan Street Cobdogla
dl.0721.info@schools.sa.edu.au

Governing Council Chairperson – Taylor Swinstead
8588 7131
www.cobdoglaps.sa.edu.au

Principal's Message

Newsletter issue: 2 term 1, February 7, 2024

Dear Parents/Caregivers,

SRC/School Leaders

I am delighted to announce and congratulate the School Leaders and Student Representative Council (SRC) members. It was inspiring to witness the commitment and enthusiasm displayed by all Year 6 students who nominated for leadership positions.

Our School Leaders and SRC members play a vital role in shaping the school environment, contributing innovative ideas, and initiating positive changes. We are confident that their dedication and leadership will make a significant impact throughout the year.

We look forward to the exciting ideas and initiatives they will bring to enhance our school.

COB/KOM Sports Day

We are excited to announce that this year's COB/KOM (Cobdogla Primary and Kingston on Murray Primary) Sports Day will take place at Cobdogla Primary School on Friday, March 15th.

Sports Day is a much-anticipated event in our school calendar, bringing together students, families, and friends for a day of fun and friendly competition. All students will participate in a variety of athletics and tabloid events, showcasing the skills they've learned in PE lessons leading up to the big day. The focus is on participation and mutual support, creating a positive and inclusive atmosphere for everyone involved.

We encourage family members and friends to join us for the day, and your assistance is greatly appreciated. Whether it's supporting a teacher with a group, cheering on the students or being part of the adult relay, your involvement adds to the success of this event.

Throughout the day, students will compete individually for championship points, and the top 3 in each group will be recognised with medallions (2012-2016) or certificates (2017-2019).

Furthermore, Sports Day serves as a platform to identify students for the SAPSASA Athletics Carnival, for those born in 2012-2014. The carnival is scheduled for Wednesday, April 3rd. Winners of each event will earn a spot on the Cobdogla Primary School Athletics team, allowing them to compete in up to 3 events plus a relay.

More information will go home soon. We look forward to your participation and support on COB/KOM Sports Day.

Family Info Night

We extend our gratitude to all the families who attended our Family Info Night. Your overwhelming presence made the night a resounding success, and we couldn't be more grateful for your active participation. It was wonderful to see so many families coming together to strengthen our school community. If you have any further questions or feedback, please feel free to reach out.

School Crossing

Ensuring the safety of our students and adults is our top priority. We want to remind everyone of the importance of using the designated school crossing when walking to your car or crossing the road.

Regards,
David Ness
Principal

***Respect**

***Honesty**

***Responsibility**

***Personal Best**

REMINDERS

Upcoming Events

Friday February 9 – Uniform orders due

Friday February 9 – Playgroup commences 9–10.30am

Tuesday February 13 – Pancake Day (SRC)

Tuesday February 20 – SAPSASA Swimming

Tuesday February 20 – Governing Council AGM @ 7pm

Friday February 23 – JAM BAND Performance

Monday February 26 – SRC/Leaders/YEL Induction Assembly @ 9am

Friday March 1 – Year 6 Aquatics

Friday March 1 – Clean up Australia Day

Friday March 8 – Student Free Day

Monday March 11 – Adelaide Cup Public Holiday

Friday March 15 – SPORTS DAY

Week 8 – Harmony Week / NAPLAN

Thursday March 21 – Harmony Day



Every Child Deserves a Good Book

**Book Club is due into
the Front Office by
Monday 12th
February**

**Cobdogla Primary School
GOVERNING COUNCIL AGM**

**Tuesday 20th February
@ 7pm
Cobby School staff room**

All welcome to attend

SCHOOL NEWS

Pancake Day

Tuesday 13th February

SRC will be serving delicious
Pancakes with support
from Brenton and
Mrs Gillespie, next Tuesday 13th
February at recess.

COST - \$2 per pancake, with all
funds raised going to Uniting Care.
Orders must be in by this Friday.
Thank you



Lunch orders available
Wednesdays and
Thursdays
through Qkr app!

Student Uniform Orders

If you wish to place an order this
term, please notify the front office
by this **Friday 9th February**.
A reminder, that we **do not** keep in
stock the poly cool fabric polos,
these must be ordered in.

Thank you.



Clean up Australia Day

On Friday March 1st, our school
will be participating in cleaning
up around our school district.
We will begin our clean up from
the school at 9am. Could
students please bring gloves
from home if possible and
make sure you have your hat.

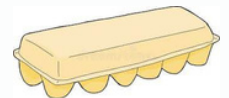
EGGS for SALE - \$3 dozen



Our school chooks have busy laying lots
of eggs and are keeping theyear 4/5
class very busy.

If you wish to purchase any, please see
the Front Office - \$3 dozen.

If anyone has any spare egg cartons at
home they would be most welcome.



Iceblocks

Berri Quelch Iceblocks are
available for sale at lunchtimes
from the wet area, 50c each.



Swimming Pool REMINDER

Our pool is heated and teachers may chose to take
their class swimming, so please ensure your child
brings **all their swimming needs every day**,
including goggles.

Please ensure ALL clothing and swimming items
are clearly named.

Thank you



COBDOGLA
Primary School

You are invited to our **SRC INDUCTION**

**Monday 26th February
9am in the Gym**

Congratulations to our Student Representative Council (SRC) and School Leaders for 2024! Students will be inducted at a Special Assembly on Monday 26th February, 9am in the school gym. Our Young Environmental and Choir Leaders will also receive their badges on this day.

Cobdogla Primary School recognises the importance of providing the students with the opportunity to bring their ideas and concerns to the SRC where they have a voice to bring about positive change and to initiate student ideas. Staff are looking forward to working with this enthusiastic team of young people this year! This year we have implemented Library Leaders each term. Term 1 - Alyza and Evelyn, Term 2 - Chelsea and Kloe, Term 3 - Chase and Khalycia, Term 4 - Jack V and Grace. Another new role this year is the Lost Property Monitor - Jack V.

Congratulations also to our back up SRC students, Lloyd, Khloe, Ellie, Jack V, Sasha, Evelyn, Vera, Will, Ruby, Leo Sven and back up YEL, Cederik.



Rory SRC



Amalia SRC



Alora School Leader



Judd School Leader



Asher SRC



Sebastian SRC



Aleyah SRC



Alex SRC



Georgia SRC



Harrison SRC



Ivy SRC



Thaiquien SRC



Khalycia YEL



Xavier YEL



Brayden YEL



Cyrus YEL



Grace Choir



Brooke Choir

SCHOOL NEWS

FAMILY INFO NIGHT

Thank you to all the families that joined us for our Family Info and BBQ night. It was wonderful to catch up with new and existing families and enjoy a yummy BBQ tea.



Parents and Friends Group

You are invited to join our - Parents and Friends Group.

The Cobdogla Primary Parents and Friends (P&F) work together for our school community to deliver experiences for students and their families outside of the classroom. This provides an opportunity to allow parents to be actively involved in the operation and culture of our school.

We invite all members of our school community to join this group. If you are interested in joining, please see the note going home today for more information.



THANK YOU
Thank you so much!
SO MUCH!

Thank you to the Cobby Club for the kind donation of the yummy salads for our family night, it is much appreciated!



WELCOME TO OUR NEW RECEPTIONS



Owen - meeting my new teachers



Ruby - painting in class

WHAT I LOVE ABOUT MY FIRST WEEK AT COBBY SCHOOL



Mark - going on the school walk and swimming



Leo - playing at recess and lunch



Leo - playing on the pirate ship with my friends



Matthew - sharing my garbage truck at show and share



Sophie M- making new friends and the school walk



Alfie - swimming in the deep end



Alora - meeting all my teachers



Emmy - playing on the pirate ship



Sophie S- swimming in the pool



Hunter- changing my avatar on class dojo



Aria - going on the slide



Thaiquien - swimming



Ivy - learning to use the timer



Wellbeing Corner

Mindfulness Monday

held lunchtimes in the 'Hub' (previously Mrs Smarts room)

What is Mindfulness?

Mindfulness means paying full attention to something. It means slowing down to really notice what you're doing... When you're mindful, you're taking your time. You're focusing in a relaxed, easy way, being aware of your thoughts, feelings, body sensations and surrounding environment.



Healthy

Lunchbox ideas

Chicken Schnitzel Skewers

Prep 20 min / serves 4

4 leftover chicken schnitzels

1 cup cucumber cut into chunks 2 cups cherry tomatoes

Brown Rice salad

1 cup cooked brown rice

1 cup cucumber, sliced

4 cups cubed watermelon

2 cups shredded lettuce

Cup low-fat ricotta

Handful mint shredded

2 limes juiced



Method

Alternate chunks of schnitzel, cucumber and tomatoes on bamboo skewers.

For the salad - mix together mix brown rice, cucumber, watermelon, lettuce and ricotta in a bowl. In a separate bowl mix mint and lime juice.

Drizzle the lime dressing over the rice salad and serve with skewers.

THE POWER OF MINDFULNESS WITH KIDS

Strengthens self-control

Lower's anxiety and stress

Increases positive moods

Better decision making

Improves Emotional Regulation Skills

Increases self-esteem

Improves Health and Body Image

Improves social skills and communication



Mindfulness Monday



BREATHE in...123 BREATHE out...123

Every Monday

lunchtime @ 1.15 – 1.30

in the Hub

All welcome

SCHOOL NEWS



LUNCH TIME ACTIVITIES



Just Dance in the Hall, all other activities in the Hub.

Week 1

- Wednesday craft - Mosaic

Week 2

- Tuesday Computing, Wednesday Just Dance

Week 3

- Tuesday Hands on activities and games, Wednesday craft - alfoil art

Week 4

- Tuesday Computing, Wednesday Just Dance

Week 5

- Tuesday Hands on activities and games, Wednesday craft - Kite Making

Week 6

- Tuesday Computing, Wednesday Just Dance

Week 7

- Tuesday Hands on activities and games, Wednesday craft - Harmony Day activities

Week 8

- Tuesday Computing, Wednesday Just Dance

Week 9

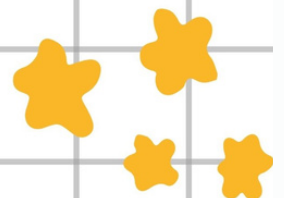
- Tuesday Hands on activities and games, Wednesday craft - Easter Egg art

Week 10

- Tuesday Computing, Wednesday Just Dance

Week 11

- Tuesday Hands on activities and games, Wednesday craft - Free Drawing





Brenton's Blurb

WELCOME!

Hi everyone

Want to be a great parent? Want to raise a happy, healthy, well behaved kid? Want to live in a home where discipline becomes unnecessary? The secret is to create a close connection with your child.

It isn't enough to tell our children that we love them. We need to put our love into action every day for them to feel it.

But what does it mean, "putting our love into action"?

Mostly, it means making that connection with our child our highest priority.

Love in action means:

- *paying thoughtful attention to your child
- *seeing things from your child's point of view
- *remembering that this child who sometimes drives you crazy is still precious and carries much hope.

This takes a lot of energy to really engage and be fully present with them. Remember that almost all parents whose children have grown up say they wish they had spent more time with there kids.

But what does being fully present mean?

Being present means paying attention . Like a marriage or a friendship, your relationship with your child needs positive attention to thrive. Attention=love.

Next time I will elaborate on the foundational things you can do to make this happen.

Till next time

Brenton

SCHOOL NEWS



COBDOGLA PLAYGROUP

Friday Mornings

9am – 10:30am

Cobdogla Primary School

Playgroup is FREE

All children 0-5 are welcome to attend

Bring a hat, water bottle and a piece of fruit

For more info call the school 85887131

SCHOOL NEWS

Autism Awareness

Autism affects how a person thinks, feels, interacts with others, and experiences their environment. It is estimated that one in 70 people are on the Autism Spectrum.

Diversity of Autism

The way autism presents is different for everyone and each individual can present differently depending on where they are, what is happening, who is around and how they are feeling.

The Diversity Wheel

The areas of the Diversity Wheel are NOT Characteristics of autism. They are key areas of functioning that are required for success in schools and in the community. The wheel can be used with any learner and not just those with a diagnosis of autism. Within the classroom environment during these first few weeks of school, teachers here at Cobdogla Primary School, have been getting to know each student, their strengths, skills and support needs so we are able to tailor learning to suit each individual.



Reference: www.positivepartnerships.com.au/news/2021/diversity-wheel

SCHOOL NEWS

the *Carly Ryan* foundation. **TECH FACTS**

ALGORITHMS



Age rating according to app provider

An algorithm is a step by step method of solving a problem. It is commonly used for data processing, calculation and other computer related and mathematical operations. An algorithm is also used to manipulate data in various ways, such as inserting a new data item, searching for a particular item or sorting an item.

When using websites such as YouTube you may have found yourself going down a rabbit hole; what begun as Guitar Chords 101 has now become '5 times people got golden buzzers on "Britain's Got Talent" 2018'. This does not happen by chance. More than 70 percent of time spent on YouTube is spent watching what the algorithm recommends.

In short, social media algorithm's suggest personalized content that is most relevant to a users interests. This is the case for most apps and websites offering the same service in a quest to keep their product 'sticky'.

How does this affect us?

Algorithms have changed the way we use social media, particularly the length of our usage. The most pressing issue is that of wanting to see more; a fear of missing out. This can either mean wanting to see something more intense, more dramatic, more violent, more funny or simply an anxiety of not satisfying a curiosity. The white lie we tell ourselves of 'just one more video/photo/post' is where algorithm's prey. But with 300 hours of content uploaded to YouTube every minute for example, just seeing everything is simply unattainable.

Challenges

Addiction is the biggest issue seen on websites that implement suggestive algorithms. New recommended content constantly stimulates your brain making you want to stay and view as much as possible.

A viewer may often view a video and after it has finished, it may offer something related (but just different enough) that it stimulates the brain making the user engage further. This is the beginning of an addictive cycle that can continue, and only grow stronger.

Tips

- Acknowledge that the website you are viewing is possibly using social algorithms
- Set firm deadlines, as to not go overtime
- Find time for breaks inbetween device time

App Fact Sheets available from the Carly Ryan Foundation. Please email: info@carlyryanfoundation.com

carlyryanfoundation.com

TheCarlyRyanFoundation @thecarlyryanfoundation @TeamCarlyCRF



We understand that putting children into OSHC isn't always a desire, it's a necessity. Respecting this, we strive to make children feel nurtured, providing opportunities to grow and develop as confident individuals by exploring their world through play.

COBDOGLA

ENROL NOW

- 1. Scan the QR code**
- 2. Enrol on our website**
- 3. Download the Happy Haven OSHC App**
- 4. Activate account on desktop**
- 5. Access and manage all information on app**



NEED HELP?

 happyhaven.sa.edu.au

 **08 8155 5444**



**HAPPY
HAVEN**
OSHC

**COBDOGLA
IS HIRING
QUALIFIED EDUCATORS**

WHAT IS REQUIRED?

1. Working with Children Check
2. Masterclass RRHAN-EC
3. First aid training
(HLTAID004 or HLTAID012)
4. CPR training
(HLTAID001 or HLTAID009)
5. Recognised Diploma or
2 years FT teaching degree

WHY WORK WITH US?

- ✓ Career Progression
- ✓ SA Owned and Operated
- ✓ Flexible Hours
- ✓ Rewarding Roles
- ✓ Adult and School Traineeships
- ✓ Admin Support = less paperwork!
- ✓ Build your Career Network



happyhaven.sa.edu.au

COMMUNITY NEWS



REGISTER YOUR INTEREST for netsetgo for 2024

The program will begin in Term 2 with a link to register and pay fees coming later:

Net - Born 2019
Set - Born 2017, 2018
Go - Born 2015, 2016*

**Our Go participants will also have the opportunity to be involved in some games against other Riverland towns throughout the season. More details to come closer to the program commencing.*



Please register your interest for netsetgo on Play HQ via the link provided.



FOLLOW US



@barmeranetballclub



barmeranetballclub@gmail.com

NetSetGo (Ages 5-9) – Register your Interest
<https://www.playhq.com/netball-australia/register/726acb>



2024 SEASON TRIALS INFORMATION

Barmera Recreation Centre, James Terrace

Sunday 18th & Sunday 25th February

Sunday 3rd March

11:45pm - 12:45pm - 11U (2013,2014)

12:45pm - 1:45pm - 13U (2011, 2012)

1:45pm - 2:45pm - 15U (2009, 2010)

2:45pm - 3:45pm - 17U (2007, 2008)

3:45pm - 5:00pm - A1 / A2

5:00pm - 6pm - B & C Grade

All players trialing
must attend at least
two trials to
support selection.

Apologies or questions to:
barmeranetballclub@gmail.com



Register to trial via Play HQ.
Link in Instagram Bio and on facebook




FOLLOW US



@barmeranetballclub

Register to Trial – Junior (9+) and Senior
<https://www.playhq.com/netball-australia/register/42c101>

COMMUNITY NEWS



MR REEKS'
wonderful
FANTASTIC
Magical
ART CLASSES

Young people will learn how to draw and paint with specialised teaching.

INTRODUCTORY OFFER
10 Lessons for \$100 (Materials \$10)
Monday, Tuesday & Wednesday after school
Commencing 6th February through to 10th April

3:30-4:30 (8 to 9 year olds)
4:40-5:40 (10 to 12 year olds)
5:50-6:50 (13+ year olds)

Monday Venue: Our Lady of the River Art Room, Berri
Tues & Wed Venue: St Joseph's School Art Room, Renmark

Contact Greg Reeks for further enquiries on:
Phone: 0403 697 315
Email: gregorygreeks@gmail.com

ONLY 10 STUDENTS PER CLASS



NATIONAL APOLOGY DAY
13 February

2024 Riverland National Apology Day.
Come along and help us acknowledge, honour and remember members of the Stolen Generations
TUESDAY 13TH FEB 2024 - 10AM

WHERE: Riverland ADAC - 23 Cornwall Street Berri

WHO: ALL community members can attend.

BBQ Brunch, Arts and Crafts, Music

This is a drug and alcohol free event!
For more information please contact The Riverland Aboriginal Drug and Alcohol council :
23 Cornwall Street, Berri SA 5343 | PH: 08 8582 2880
www.adac.org.au

 FocusOne Health
 KIMBY
 Aboriginal Sobriety Group
 GLEN VIEW POULTRY FARM
 RIVERLAND SA
 Resthaven
 Flinders University
 Relationships Australia
 no more
 UNITING COMMUNITIES
 Nippy's



Cobdogla
NETBALL CLUB

2024 TRIALS
Cobby Netball Court

Wednesdays
14/02 | 21/02 | 28/02
5:30pm - 6:30pm Juniors born 2007 - 2015
6:30pm Seniors

Please register at PlayHQ using this link:
<https://www.playhq.com/netball-australia/register/84cbb0>
or searching for Cobdogla Netball Club

COMMUNITY NEWS

BERRI BARMERA
LIBRARY SERVICE

Berri Barmera
COUNCIL

Inventive

Explore

Make

Colour

Get Creative
with the Barmera
Theatre Gallery
Artists

Experiment

Imagine

suitable for 8 years +

Explore different styles of art,
learn new techniques and create
original artworks

Get Creative

FREE

Tuesday's 4:00-5:00pm

at Barmera Library

February 6

February 20

March 5

March 19

bookings appreciated 8588 2872

COMMUNITY NEWS



Paint your own Bursting with *Love* Canvas

Saturday 10 February 2024
Two Session Times Available
11:00 am and 12:00 pm

Berri Visitor Information Centre
24 Riverview Drive Berri

All Welcome
Bookings Essential
To Book Call 08 8582 5511

\$5
per
Canvas

